

Sleep! Sleep! The person who handed you this card is turning into a zombie! Please allow them to nap before they begin seeking brains to eat rather than sleep to have. Unless, of course, you'd *rather* have your brains dug out with a spoon.

If you are waiting for them to wake up, you may be interested in doing a little background reading on polyphasic sleep at www.sleepingschedules.com.

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